



Propeller

Volume 87

The Vallejo Rotary Club
A family of caring and
Energetic Rotarians

September 17, 2009

The club meets
12:15 to 1:30 p.m..
Every Thursday
at the
Zio Fraedos of Vallejo
23 Harbor Way



This weeks Program

Speaker

Vallejo Rotary Club Meeting of September 17th, 2009

President Scott Peterson opened his meeting today at 12:29 p.m. with the lovely ring of his cow bell.

Update with the Gavel & Bell

The Gavel addressed a letter to his holiness (President Scott) explaining the reason for his sabbatical since the 2nd meeting was to start an expedition to find himself he realized something was missing and decided to have the Bell join him so they can find the true meaning of the 4 Way Test.

Connie Klimisch led us all in the Pledge of Allegiance

Gary Salvadori lead us in "It's a Small World" Boy did it start off rough!!! (Can we say a little off key?) In the middle of the song President Scott said, "This is terrible!" Viviana tried to liven up the song with a few "What's?" but no one else joined her.

Visiting Rotarians & Guest of Rotarians

J.D. Miller introduced Fred Wright from the Half-moon Bay Rotary Club

Guests:

Clint introduced the new leaders of the Interact Club from Jesse Bethel High

Regine – New President

Michelle – Vice President

Brian – Treasurer

Heng Fan – Secretary

Tony Shannon introduced Rick Ernst and also LaGuan Lea as a late guest who was then told that we sang his theme song which he then guessed right “It’s A Small World” The whole group erupted in laughter

Helen Pierson introduced Perry Hookey our guest speaker.

President Scott introduced Ben Gonzalez

And lastly Jack Anthony introduced BOB!!

Announcements:

- **Night of Honor**, Helen has tickets available the event is Friday, September 18th, 2009 @ the Hilton in Fairfield \$35/pp
- **D.K.** announced that the Board of Realtors will have a no limit Texas Hold’em Tournament on 09/18 from 6 PM-11 PM @ Elks Lodge. Verna has tickets. Funds go towards a scholarship foundation
- Viviana announced the 3rd Annual Solano Hispanic Chamber Gala event where there will be \$5,000 worth of scholarships being distributed, Latin Jazz, & Tequila tasting. If you would like to purchase tickets, be a sponsor or take an opportunity to advertise your business contact Viviana Loera
- **Jack Anthony** is having a PARTY!! Vallejo Executive Lions Club Thursday October 1st @ 6 PM at the Anthony’s 838 Carolina St. All you can eat \$25 in advance \$30 @ gate Please RSVP to 707-552-0963 or email: ja7flags@aol.com

- **Has anyone seen John Harrington?** We knew he was on vacation last week but are unsure of his absence this week. Roberta said he will be at next weeks meeting with his wallet in hand.

Recognitions

Birthdays & Anniversaries

Mike Cavanagh – Who? 08/30 Birthday & Club Anniversary. There was a question of whether he had paid already. Connie Howard quickly responded with no \$25.00

President Scott then noticed during Mike’s attempt to get out of paying his fines that he was not wearing a pin Uh Oh!!! He then decided to scan the entire room and noticed that a few others were not wearing their pins either. President Scott then asked all of those Vallejo Rotarians who were not wearing a pin to raise their hands and kindly pay a fine of \$5.00. Those of which are mentioned below:

Walter	Lou
Mike C.	John B
Gordon	Gary
Verna	

Connie K. Celebrated her 30th wedding anniversary on 09/15 she spent all her money on a party Saturday night and a trip to Yountville. She also went to dinner with her girls in Oakland \$30

Club Anniversaries

Viviana celebrates her 1 yr with the club she made a comment about still being a red badger. \$100

J.D. Miller celebrates his 22 years today 09/18 Jerry Freitas was his sponsor \$50.00

Hallelujah Dollars

Roberta decided to do “the right thing” and since her birthday is on Sunday she gave \$1/yr

DK gave \$10 for his performance at a fundraiser on Sunday & the proceeds raised went towards sending children to music camp

President Scott gave \$5 for recognition to JD Miller for being such a great asset to our Rotary Club

J.D. gave \$5 recognition to Doug Webster for his contribution to the Vallejo community. He gave another \$5 for the fundraiser being held on 10/06 @ Chevy's restaurant for the Leukemia Society. When you visit for Lunch or dinner and mention this fundraiser 25% of the bill goes towards the cause

Clint had \$5 for running the Columbus Parkway he had a wonderful time enjoying the beautiful scenery and the people & dogs he met

Tom Phelps gave \$5 for a 4 day backpacking trip and that he survived it with no broken bones.

Program

Helen Pierson introduced Perry Hookey who is one of her stellar employees of three years from Medic Ambulance. He has been a Paramedic for 22 years and now is part of the Education Department of the Medic Field. He came today to talk about a new program called CPR on the Go. This program is geared for those who don't have CPR certification but still want to educate themselves to know what to do in case of an emergency. Students will receive a program participation card but are not issued a completion card. There are no prerequisites. Each participant will be given the Family & Friends Student Book and should be read prior to the class. Some of the other Community Education Programs Medic Ambulance offers are:

Friends & Family CPR

Heartsaver CPR

Heartsaver CPR – AED & First Aid

Healthcare Provider CPR

Advanced Cardiac Life Support

Pediatric Advanced Life Support

All of these programs are offered both in house at the Medic Ambulance Service Base in Vallejo as well as onsite course offerings. The benefit to these courses is that it helps alleviate some of what a Medic encounters during an emergency call

But most importantly it saves lives!

Perry discussed some essential know how with an emergency situation. He advised that in an emergency and person stops breathing and has no pulse the best thing to do is chest compressions only. Reason being it has been found that the body naturally maintains oxygen within the body and that when an individual stops doing the compression to blow into the mouth of the injured individual there is higher percentage that you will not be able to maintain or add oxygen to that individual on your own. Therefore avoiding the issue of putting your mouth on another person in the mouth to mouth resuscitation

Perry then opened up the program to questions.

JD Miller asked about the level of compression force one should use because he is afraid of breaking ribs. You should use enough force to be able to see a compression of 1 ½" to 2" and in some situations a rib may get broken.

What should you do in case someone has a Grandma Seizure (Whole body shakes)?

The first thing you should do is move and obstruction that the individual could potentially hit and injure them with. Do not hold the individual. Do not put anything in the mouth. Let the seizure end on its own

Tony Shannon asked if another person is with you to help with CPR can you do mouth-to-mouth.

Yes, as long as you are properly trained and are comfortable with the mouth to mouth

President Scott asked about the Good Samaritan Law

You are not required by law to help an individual. A medic and a uniformed person are required to.

Perry was then asked even if you're late for Rotary?

He responded "We are in a Rotary Meeting? I thought this was a Kiwanis Meeting?"

The whole room erupted in laughter. Helen then said, "Not sure if Perry will be making it to his 4 year anniversary with Medic Ambulance"

How do we sign up you ask?

Helen will provide the information

Helen then went on to suggest bringing the class to a Rotary Meeting where we can maybe bring some of our employees. Medic Ambulance will sponsor the meeting, Helen said, "Rotarians will get a discount unlike Kiwanis members who will pay double" Rotarians were then asked to show a sign of those interested with their hands raised. Majority ruled in favor of the idea. Just a little bit of information about Helen did you know that she

can't stand the sight of blood...irony of being in the Medic business.

Mystery hand shaker was a mystery at first and then Freida Dill realized she was and Walter wins!

Raffle Winners

1. Gary wins the car wash!
2. Trivia winner was Doug Webster he got a TV Trivia question:

In the Andy Griffith Show... (Everyone then broke out into the whistle) What was the Character, Andy's last name?

Doug answered Taylor He wins!!!

Connie Howard gave us a full schedule for Saturday and Sunday

09/18 Solano Association of Realtors Texas Hold'em Tournament event

Go into your closets and collect all of your old shoes for the shoe drive. Drop off @ 7 AM-7 PM Sat and 1 PM – 7 PM Sun 2166 Sacramento St. No flip flops or house slippers

Coastal Clean-Up Day @ 9 is Sat. cal Val Core Recycling for details

2009-10 Rotary International President

John Kenney

District 5160 Governor

Earl Kilmer

Vallejo Rotary Club Officers

Scott Peterson	President
LaGuan Lea	President-elect
Connie Howard	Immediate past President
Rich Curtola	Secretary
	Treasurer
Roberta Grubbe	Sgt. at Arms

Vallejo Rotary Club Directors

Luis Romero	Kevin Rahill
Debbie Egidio	Helen Pierson
Viviana Loera	Gordon McMahon
Tom Phillips	

Nearby Clubs for Make-Ups

Mon.	12:00 PM	Davis-Community Church
Tue.	7:15 AM	Vacaville Sunrise -Opera house
Tue.	12:10 PM	Benicia Yacht Club
Tue.	12:10 PM	Fairfield-Suisun Hilton
Wed	7:00 AM	Cordelia- Holiday Inn Select
Wed	12:15 PM	Napa- Elks Club
Wed	12:15 PM	Concord-Concord Sheraton
Thurs	7:15 AM	Napa Sunrise- Silverado
Thurs	12:15 PM	Vacaville- Opera house
Fri	6:50 AM	Davis Sunrise- Senior Center
Fri	12:15 PM	Concord- Concord Hilton

Rotary Club of Vallejo P.O.. Box 4026 Vallejo, CA 94590

Free Family Day @ Naval Museum

Vallejo Symphony @ Hogan High school

9th Annual Police Motorcycle Race 11:00 AM @
Fairgrounds

Meeting adjourned!

The following person, Mr. Ben Gonzalez, has been proposed for membership to Vallejo Rotary Club by President Scott Peterson. Ben is the new owner of Allen-Simmons Heating and Air-Conditioning (formerly owned by PPres. Chuck Allen 61-62 who passed away in 1987). Ben is eager to become more involved in the Vallejo community. His classification would be Heating and Air-Conditioning.

If you have any questions or concerns about this proposed member or if you know some reason why he/she should not be invited to join Vallejo Rotary, please contact the President or Secretary immediately. Your comments will be kept confidential.

